

## Technical Assistance Exchange Newsletter September 9, 2009

A Weekly Update for Aging & Disability Resource Center and Community Living Programs and their Partners

Contact Steve Baxter at The Lewin Group with questions about this newsletter:  
[steve.baxter@lewin.com](mailto:steve.baxter@lewin.com) or 703.269.5554

Please visit [the ADRC-TAE website](#) for a text version of this newsletter.

### In This Issue

[CLP Persons Served "Ticker"](#)

[Registration Now Open for 2009 FMS Workshop](#)

[Money Follows the Person: An Early Implementation Snapshot](#)

[Recent Website Additions](#)

[Upcoming Technical Assistance Events](#)

[Upcoming Technical Assistance Online Training](#)

[An Evidence Database to Support Research in Aging](#)

### Community Living Program Persons Served "Ticker"

The ADRC-TAE has introduced a new feature which will track CLP and VDHCBs enrollment. This tool will provide both a centralized point in time estimate of current enrollment figures in both CLP and VDHCBs programs and a means of tracking enrollment trends.

A formal email to state leadership describing how CLP states can report data for this new tool was distributed this morning.

More than 700 persons have been served through CLP

### Money Follows the Person: An Early Implementation Snapshot

This issue brief examines the early successes and challenges of MFP. A 2008 survey of 29 states receiving MFP grants turned up several key findings, including that several hundred people have moved from institutional to community settings; that states are providing a broad range of services to facilitate transition; that housing issues for MFP participants are a major challenge for states; and that the severe economic downturn had not yet prompted states to scale back their efforts.



For more information please visit [HCBS.org](http://HCBS.org).

### Recent Website Additions

#### [ADRCs Potential Role in Care Transitions](#)

This presentation on the role of ADRCs in care transitions was given at the ADRC September 2009 Monthly Call.

#### [Effective Interventions to Reduce Rehospitalizations: A Compendium of 15 Promising Interventions](#)

This document is intended to provide a sampling of the range of effective programs underway to reduce avoidable rehospitalizations across the US. In total, 15 programs are highlighted in this document: four with very strong trial or evaluation evidence of effectiveness, seven with very good evidence of reduction in rehospitalization rates, and four that are promising interventions but require further data.

programs nationally!  
You can view the Ticker [here](#).

### **Registration is now open for the 2009 FMS Workshop**

Biennial Participant Direction  
Financial Management  
Services (FMS) Workshop

*Presented by the National  
Resource Center for  
Participant-Directed Services  
(NRCPS)*

When: November 16-17,  
2009

Where: Baltimore, MD

To register, please complete  
the form on the [NRCPS  
website](#).

:: [adrc-tae@lewin.com](mailto:adrc-tae@lewin.com) ::

:: [www.adrc-tae.org](http://www.adrc-tae.org) ::

## **Upcoming Technical Assistance Events**

### **Community Living Program Monthly Grantee TA Call: FMS Roundtable**

Financial management services (FMS) are an important component of CLP and VDHCBs programs across the country. Many CLP sites have experienced challenges and successes in negotiating FMS payment rates, contracting with FMS vendors, developing performance metrics, etc. This call will be a chance for peer-to-peer exchange on FMS issues in your CLP and VDHCBs programs. Mollie Grotmeter with the National Resource Center for Participant-Directed Services will moderate the call and share information.

Grantees that have ideas for specific topic areas can submit them to Mollie Grotmeter at [mollie.grotmeter@annkissam.com](mailto:mollie.grotmeter@annkissam.com)

- **Topic:** FMS Roundtable
- **Date:** Wednesday, September 9th, 2009
- **Time:** 2:00-3:30pm EST
- **Toll-Free Teleconference Line:** 888-844-7278, Meeting ID 2695542#
- There will not be a webinar for this event.
- For additional information and call materials please visit the [Monthly Call](#) page.

### **ADRC Monthly TA Call for October: SART Reporting**

- **Topic:** Semi-Annual Reporting Tool Training
- **Date:** Thursday, October 1, 2009
- **Time:** 2:30-4:00 PM EST
- **Toll-Free Teleconference Line:** TBD
- Additional information and call materials will be posted on the Monthly Call page as they become available.

## **Upcoming Technical Assistance Online Training**

### **Overview of ADRCs for Centers for Independent Living**

The ADRC initiative is part of a nationwide effort to restructure services and supports for older adults and persons with disabilities and it complements other long term care system change activities designed to enhance access to community living. The goal of the

ADRC program is to empower individuals to make informed choices and to streamline access to long-term support. It is crucial that the Independent Living community be involved in the development of ADRCs. This training is an introductory course that provides an overview of the purpose, goals and activities of Aging and Disability Resource Centers (ADRCs) from the Independent Living perspective. It details common challenges faced by CILs and SILCs in engaging in ADRC development and offers concrete solutions.

**Audience:** This course is designed and intended for Centers for Independent Living and Statewide Independent Living Councils.

**Instructors:** Technical Assistance Staff, NCIL, and others TBA

- Date: Thursday, October 15th, 2009
- Time: 3:00 - 4:30pm, EST
- Call-in Information: TBA
- Webinar Information: TBA

For a more detailed description of this training, including instructor biographies and presentation materials, please visit the [Training Section](#) of the TAE website.

### **Overview of Aging and Disability Resource Center Program**

The Aging and Disability Resource Center (ADRC) initiative is part of a nationwide effort to restructure services and supports for older adults and persons with disabilities. ADRCs complement other long-term care systems change activities designed to enhance access to community resources and supports. The goal of the ADRC program is to empower individuals to make informed choices and to streamline access to long-term support. This training is an introductory course that provides an overview of the purpose, goals and activities of ADRCs by detailing the required functions of ADRC's, specifically Awareness, Assistance and Access. The content of the course is built upon lessons learned from the first five years of the ADRC demonstration grant program that began in 2003.

**Audience:** This course was designed and intended for new ADRC or Single Entry Point staff, advisory board members and volunteers.

- Date: Wednesday, October 28th, 2009
- Time: 2:30 - 4:00pm, EST
- [Register for the webinar](#)
- Toll-Free Teleconference Number: (800) 230-1059

For a more detailed description of this training and others, including instructor biographies and presentation materials, please visit the [Training](#) Section of the TAE website.



## **An Evidence Database to Support Research in Aging**

The Social Work Leadership Institute at the New York Academy of Medicine (SWLI) has released a new evidence database to support aging research. This easy-to-use online database helps scholars, policy analysts, and advocates stay on top of the latest research and innovations in aging care, including health care, social services, and workforce issues. The database is regularly updated by contributors that filter, review, and catalogue articles in professional journals both in the U.S. and abroad. An advisory committee of experts assists in the selection of topics.

View the database on [SWLI's website](#).